

Tuna Salad in a Cup –

Ready for a road trip? Heading out with the family for a day of adventuring? Or are you just looking for a good salad to take on a Ride? Try this salad in a cup for an easy grab and go, while on the go.

Chef Jason K. Morse, CEC | Ace Hardware Grill Expert | Owner, 5280 Culinary

Yield: Serves 6 people

Prep time: 20 Minutes

Total time: 20 Minutes

Ingredients

<i>Measure</i>	<i>Ingredient</i>	<i>Prep Notes</i>
2 Cans	Tuna, Solid White, Albacore (10 oz)	Drained
¼ Cup	Relish, Sweet Pickle	
½ Cup	Mayo, Olive Oil	
¼ Cup	Mustard, Spicy Brown	
2 Cups	Peas, Petite Sweet	Defrosted, Drained
Taste	Salt, Kosher	
Taste	Pepper, Black, Ground	
Garnish	Shaved Lettuce	
Garnish	Diced Tomatoes	

Cooking Directions:

- In a large mixing bowl, add the drained tuna
- Add the mayo, mustard, pickles and peas
- Mix well, adjust seasoning to taste with Salt and Black Pepper
- Store covered in the fridge until needed
- To serve:
 - Grab 6ea 16oz plastic cups
 - Fill the bottom of each cup with ½ Cup shredded lettuce
 - Divide the Tuna salad between the 6 cups
 - Top with diced tomatoes if desired
 - Add a fork and you're ready to ride
- Shelf life is 2 days – in the fridge